

Curriculum Quality and Personal Resources as Predictors of Subjective Employability among TESOL Students and Graduates in Cambodia

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ABSTRACT

This study examines how TESOL program quality and personal resources predict graduates' perceived employability in one program in the Cambodian private university. A cross-sectional survey of TESOL students and recent graduates ($n = 263$) measured five curriculum factors and four personal factors against five indicators of subjective employability. Correlation and regression analyses revealed that all curriculum and personal factors were positively associated with self-perceived employability. Practice-intensive curriculum features (teaching practicum, peer teaching) and personal resources (teaching self-efficacy, outcome expectations) showed particularly strong links with employability outcomes. In a combined model, personal factors – especially work adaptation, social capital, and outcome expectations – accounted for substantially more variance in employability perceptions than curriculum factors. Because the data are cross-sectional, self-reported, and drawn from a single institution, the findings indicate associations rather than causation and may not generalize to other TESOL programs or contexts. The findings suggest that while high-quality training contributes to graduates' career readiness, their adaptability, professional networks, and future-oriented outlook ultimately play a more decisive role in how employable they feel. The study recommends enhancing authentic teaching practice, career guidance, and networking opportunities in TESOL programs to improve graduate employability.

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1. INTRODUCTION

Graduate employability has emerged as an important indicator of higher education quality worldwide [1], [2]. As global labor markets become increasingly competitive and dynamic, universities are under pressure not only to equip students with disciplinary knowledge but also to develop their readiness for work [3]–[5]. In the context of teacher

education, employability is particularly critical as newly graduated teachers must immediately apply both theoretical and practical knowledge in real classrooms [6], [7]. This issue is especially important in developing countries like Cambodia, where higher education institutions face dual pressures to improve educational quality and align curricula with labor market demands [8], [9].

One important measure of graduate success is subjective employability, defined as an individual's perception of their ability to obtain and maintain employment [10], [11]. Unlike objective outcomes (e.g., actual employment status or income), subjective employability captures internal perceptions such as job-search confidence, career optimism, and perceived competitiveness [1], [12]. Studies show that subjective employability not only predicts job-seeking behavior but is also associated with graduates' psychological well-being [13], [14]. As such, understanding the antecedents of subjective employability is critical for enhancing the effectiveness of higher education programs in preparing work-ready graduates.

Recent research highlights two broad categories of factors influencing employability: curriculum-related factors (reflecting human capital) and personal factors (reflecting psychological and social capital) [1], [15], [16]. On the curriculum side, human capital theory posits that education increases productivity by imparting skills and knowledge valued in the labor market [17], [18]. In Teaching English to Speakers of Other Languages (TESOL) programs, key curriculum features that build students' human capital include English proficiency, teaching competence, faculty support, practicum quality, and peer-teaching experience [19]–[22]. Empirical studies have shown that hands-on training components—such as teaching practicum placements and peer-teaching opportunities—enhance both teaching readiness and self-perceived employability among graduates [23]–[25].

On the personal side, Social Cognitive Career Theory (SCCT) emphasizes the role of individuals' self-efficacy beliefs, outcome expectations, and personal agency in shaping career behaviors [26]–[28]. Students with high teaching self-efficacy and positive career outcome expectations tend to engage more proactively in job searches and report higher perceived employability [29]–[31]. Additionally, career adaptability—encompassing personal traits such as flexibility, resilience, and a willingness to learn—has been linked to smoother career transitions and greater career satisfaction [32]–[34]. Likewise, social capital, defined as the networks and relationships that provide access to information and opportunities, is widely recognized as a key facilitator of graduate employability [35]–[37].

However, the existing employability literature has two important limitations that constrain its relevance to teacher education in Cambodia. First, most empirical evidence on subjective employability and its determinants is drawn from Western or highly developed higher education systems, with comparatively limited evidence from Cambodia and similar developing contexts, where labor-market structures, institutional resources, and school recruitment practices differ substantially. Second, prior studies often examine curriculum-related influences (human capital) and personal resources (psychological and social capital) in isolation, rather than testing their joint contribution within a single integrated model. As a result, there remains insufficient understanding of how specific TESOL

curriculum components (e.g., English proficiency, teaching competence, practicum quality, faculty support, and peer-teaching) interact with personal factors emphasized in SCCT (e.g., self-efficacy, outcome expectations, work adaptation, and social capital) to shape graduates' employability perceptions. This gap is particularly evident in Cambodian TESOL programs, where graduates must transition quickly into real classroom contexts and where employability may depend simultaneously on training quality and access to supportive networks. Addressing these limitations, the present study investigates how TESOL curriculum quality and personal factors independently and jointly predict subjective employability outcomes among TESOL students and graduates in Cambodia.

The present study, therefore, seeks to explain how both TESOL curriculum quality and personal factors relate to and predict students' and graduates' subjective employability in the Cambodian context. Drawing on SCCT and Tomlinson's graduate capital model, the study examines nine specific predictors – five curriculum-related factors (English proficiency, teaching competence, faculty support, practicum quality, and peer-teaching experience) and four personal factors (self-efficacy, outcome expectations, work adaptation, and social capital) – in relation to subjective employability outcomes. In this study, subjective employability is operationalized through five indicators: students' income expectations, career satisfaction, job-search confidence, perceived competitiveness, and career optimism [1], [10]. To guide the inquiry, the researcher addresses the following research questions:

1. To what extent does TESOL curriculum quality relate to students' and graduates' subjective employability outcomes?
2. To what extent do personal factors relate to students' and graduates' subjective employability outcomes?
3. To what extent do curriculum quality and personal factors jointly predict students' and graduates' subjective employability outcomes?

2. METHOD

2.1 Research Design

This study employed a quantitative, cross-sectional survey design to examine the relationships between curricular and personal resource factors and graduate employability perceptions. The approach is non-experimental and correlational, focusing on how multiple predictor variables relate to self-reported employability outcomes at a single point in time. Specifically, the independent variables included two sets of predictors: five curriculum-related factors (English proficiency, teaching competence, faculty support, practicum quality, and peer-teaching experience) and four personal resource factors (teaching self-efficacy, career outcome expectations, work adaptability, and social capital). These nine variables were selected based on theoretical frameworks (human capital and career theory) and prior research linking program quality and personal attributes to employment readiness. The sole dependent variable was the subjective employability outcome, which, in this context, refers to graduates' perceptions of their own employability. To capture this construct comprehensively, it was measured across several self-perception dimensions – for example, career confidence, career optimism, and job-search efficacy – reflecting how

confident, optimistic, and effective individuals feel about securing and succeeding in employment.

2.2 Participants

Participants included both current students in the final year of the TESOL program and recent graduates within 1–5 years post-graduation at one private university in Cambodia. The researcher targeted these groups to capture perceptions near the point of entry into the job market. The inclusion of graduates allowed for reflection on how well the program prepared them, while final-year students provided insight into current self-perceptions before fully entering the workforce.

To determine whether the number of participants surveyed was representative of the target population, a sample size calculation was conducted using the formula for finite populations [38], [39]. This formula accounts for population size, confidence level, and margin of error, and is expressed as:

$$n = \frac{NZ^2pq}{e^2(N - 1) + Z^2pq}$$

Where n is the required sample size, N is the total population size, Z is the standard score corresponding to the desired confidence level, p is the estimated population proportion, $q = 1 - p$, and e is the margin of error.

The total population in this study consisted of 803 TESOL students and graduates who graduated between 2019 and 2025, according to archival data from the Department of Academic Affairs (DAA) of the university. A 95% confidence level was applied, yielding a Z value of 1.96. Given the population size of 803, a 95% confidence level ($Z = 1.96$), a conservative estimate of $p = 0.5$ ($q = 0.5$), and a 5% margin of error ($e = 0.05$), the calculation was as follows:

$$n = \frac{803 \times (1.96)^2 \times 0.5 \times 0.5}{(0.05^2 \times (803 - 1)) + (1.96^2 \times 0.25)} = \frac{771.37}{2.9654} \approx 260$$

The results indicated that at least 260 respondents were required to ensure representativeness. In this study, a census invitation with voluntary response was used. The researcher invited all eligible TESOL practicum completers and alums from the target years (population $N = 803$) using institutional contact lists and online distribution channels, specifically via Telegram private and group chats. Participation was voluntary, so the achieved sample reflects a self-selected, non-probability response rather than random sampling. In total, 266 responses were received (33.1%, 266 out of 803), and after screening for missing or invalid data, 263 valid responses were retained for analysis (32.8%, 263 out of 803). This number was considered statistically acceptable and sufficiently representative of the entire population.

Figure 1 shows the basic profile of the respondents by gender, employment status, and field of work ($n = 263$). Most respondents were female (59.7%), followed by male (39.2%), with a small proportion of missing responses (1.1%). The majority were employed (91.6%), while only 8.4% reported being unemployed. Regarding the field of

work, slightly more respondents were in non-teaching positions ($n = 138$) than in teaching positions ($n = 119$), with very few missing cases ($n = 6$). Overall, the figure suggests that most participants had already entered the workforce and pursued diverse career paths beyond teaching.

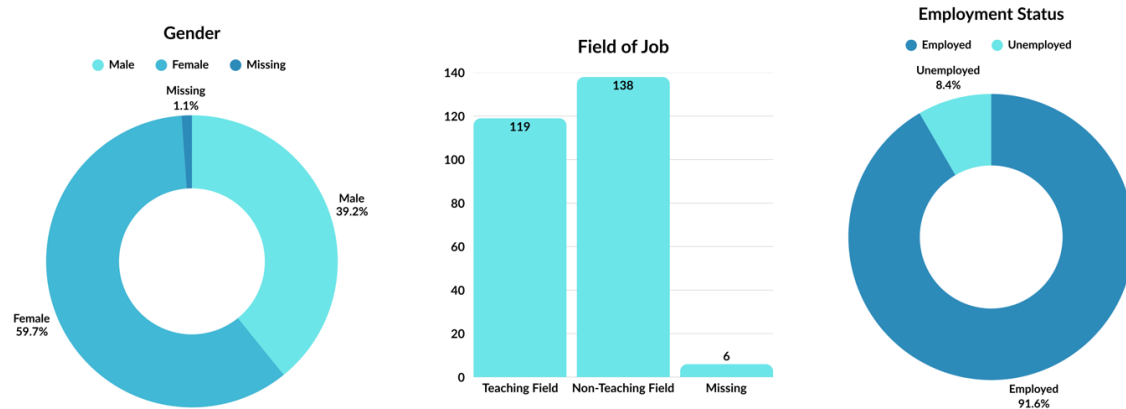


Figure 1. Gender, Employment Status, and Field of Work of the Respondents

Figure 2 summarizes respondents' monthly income, age, and graduation year. Most respondents earned between USD 401–600, followed by USD 201–400, while relatively few reported incomes above USD 1,000 or no income. The age distribution is heavily concentrated in the 25–29 group, with smaller numbers in the 20–24 and 30–34 ranges, indicating a largely young cohort. In terms of graduation year, most respondents graduated recently, with the highest numbers from 2024 and 2025, while earlier cohorts (2019–2021) are less represented. Overall, the figure reflects a young, recently graduated group at early stages of their careers.

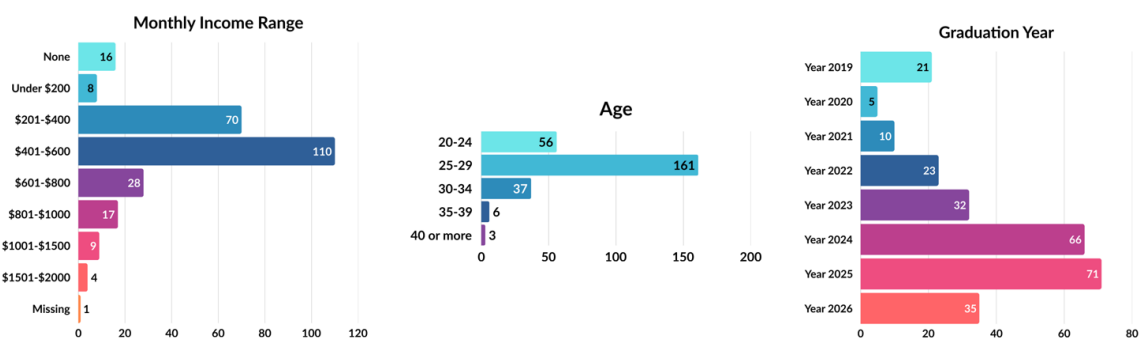


Figure 2. Monthly Income Range, Age, and Graduation Year of the Respondents

2.3 Data Collection Tools

Data were collected via a self-administered questionnaire on Google Forms comprising primarily Likert-scale items. The survey instrument was developed based on existing scales and literature, then reviewed by five content experts for validity. Construct validity and reliability were also computed.

A. Content Validity

Five field experts in TESOL, higher education, and educational psychology, reviewed the 58-item instrument against construct definitions and objectives using a 3-point Item Objective Congruence (IOC) scale (+1/0/−1). IOC means were computed across raters with the pre-specified rule, as can be seen in Table 1 (retain $\geq .75$; revise $.50-.74$; discard $< .50$). Overall, 54/58 items (93.1%) met the retain threshold; 4/58 items (6.9%; TC1, TC2, TC5, WA3) were revised; none were discarded. Qualitative notes led to wording clarifications (e.g., context cues for TC items; refinements of EP5 and FE items; emphasis on classroom management in PQ; authenticity and confidence in PE; phrasing consistency in SE/OE; clearer demographic ranges and “current vs. expected” income).

Table 1. Expert Content Validity Decisions for the 58-Item instrument

Decision category	<i>n</i> items	% of total
Retain (IOC $\geq .75$)	54	93.1
Revise ($.50-.74$)	4	6.9
Discard ($< .50$)	0	0.0

Note. Revised items: TC1, TC2, TC5, WA3. Five experts rated each item (+1/0/−1); IOC = mean across experts.

B. Construct Validity

Exploratory factor analysis (EFA) was used and computed on IBM SPSS version 27 to assess the construct validity of the survey scales, and the results confirm that the items grouped into factors as theoretically expected. According to Table 2, curriculum quality yielded five distinct factors (EP, TC, FE, PQ, PE) explaining ~63% variance (KMO = .897; Bartlett’s $\chi^2(300) = 3132.33$, $p < .001$) with strong primary loadings and minimal cross-loadings. Personal Factors produced four factors (SE, OE, WA, SC) explaining ~56% variance (KMO = .886; Bartlett’s $\chi^2(190) = 1924.64$, $p < .001$); items loading $< .40$ were removed during refinement. Employability Outcomes was unidimensional (five items; ~56% variance; KMO = .797; Bartlett’s $\chi^2(10) = 393.34$, $p < .001$) with loadings $> .60$.

Table 2. Exploratory Factor Analysis Summary by Scale Group

Scale group	Factors extracted	KMO	Bartlett’s χ^2 (<i>df</i>)	<i>p</i>	Variance explained (%)
Curriculum Quality (EP, TC, FE, PQ, PE)	5	.897	3132.33 (300)	$< .001$	63.06
Personal Factors (SE, OE, WA, SC)	4	.886	1924.64 (190)	$< .001$	56.23
Employability Outcomes	1	.797	393.34 (10)	$< .001$	56.02

Note. Extraction = principal axis; rotation = oblimin. Items retained showed primary loadings $\geq .50$ with minimal cross-loadings; items $< .40$ were removed during refinement (Personal Factors).

Table 3. Construct-Level Coverage After Validation

Construct	Items retained
English Proficiency (EP)	5
Teaching Competence (TC)	5 (3 revised)
Faculty Expertise (FE)	5
Practicum Quality (PQ)	5
Peer-Teaching (PE)	5
Self-Efficacy (SE)	5
Outcome Expectations (OE)	5
Work Adaptation (WA)	5 (1 revised)
Social Capital (SC)	5
Employability Outcomes (EO)	5

C. Reliability

Table 4 indicates that all scales demonstrated acceptable to excellent internal consistency ($\alpha \geq .70$). Curriculum subscales ranged from $\alpha = .739$ to $.882$; personal factors $\alpha = .737$ to $.822$; employability outcomes $\alpha = .796$, supporting score reliability for subsequent analyses.

Table 4. Internal Consistency (Cronbach’s α) by construct

Construct	<i>k</i>	α	<i>n</i>
Curriculum Quality			
English Proficiency (EP)	5	.739	263
Teaching Competence (TC)	5	.882	262
Faculty Expertise (FE)	5	.868	260
Practicum Quality (PQ)	5	.838	259
Peer-Teaching (PE)	5	.863	262
Personal Factors			
Self-Efficacy (SE)	5	.768	263
Outcome Expectations (OE)	5	.791	263
Work Adaptation (WA)	5	.737	261
Social Capital (SC)	5	.822	262
Employability Outcomes			
Employability Outcomes (EO)	5	.796	262

Note. All $\alpha \geq .70$ indicate acceptable to excellent reliability.

2.4 Data Collection Procedure

Data collection was conducted over three months, from July to September 2025, using an online survey. Participants were recruited from the official name list provided by the Department of Academic Affairs (DAA), which included all TESOL students and graduates who had completed their practicum between 2019 and 2025. The online

questionnaire required approximately 15–20 minutes to complete and was designed for voluntary participation.

From the total population ($N = 803$), the researcher obtained 263 valid responses after rigorous data cleaning. The cleaning process involved removing cases with excessive missing data or straight-line responses (where participants selected the same response throughout). Specifically, five cases were excluded for exceeding the acceptable threshold of 15% missing responses in a 58-item instrument [40], [41]: one respondent skipped 25 items, one skipped 11, one skipped 10, and two skipped 9. These were deemed invalid and removed.

For the retained responses, the majority of participants answered all items, with only minimal missingness (one or two skipped items). To preserve sample size while maintaining data integrity, scale-mean substitution was applied for participants who skipped fewer than five items. This approach is widely endorsed in survey research for its ability to maintain reliability without distorting variance or correlations [42], [43]. Prior to substitution, missingness was verified to be random and minimal.

Consequently, the final dataset comprised 263 complete and valid cases, representing approximately one-third of the target population. This systematic data-cleaning procedure ensured that the final sample was both representative and statistically robust for the intended analyses.

2.5 Data Analysis

Survey responses were exported from Google Forms into Microsoft Excel and analyzed using IBM SPSS Statistics Version 27. The initial dataset comprised 268 cases, which were screened for completeness, missing values, and response accuracy following standard procedures [43], [44]. After excluding five cases with excessive missing data, 263 valid responses remained for analysis. Minor missing values were treated using scale-mean substitution after verifying randomness and minimal impact.

To aid interpretation, Likert-scale responses (1–5) in Table 5 were classified into equal intervals of 0.80 units, following established guidelines [45]–[48]: 1.00–1.80 = Very Low, 1.81–2.60 = Low, 2.61–3.40 = Neutral, 3.41–4.20 = High, and 4.21–5.00 = Very High. This approach provides a consistent and neutral interpretation across all constructs.

Table 5. Interpretation of Five-Point Likert Scale

Label	Numerical Range	Anchor Text	Neutral Meaning
Very Low	1.00 – 1.80	Strongly Disagree	Very low endorsement
Low	1.81 – 2.60	Disagree	Low endorsement
Neutral	2.61 – 3.40	Neutral	Neither endorse nor reject
High	3.41 – 4.20	Agree	High endorsement
Very High	4.21 – 5.00	Strongly Agree	Very high endorsement

3. RESULTS AND DISCUSSION

3.1. Results

A. Descriptive Statistics

Curriculum Factors

Among the five curriculum components in Table 6, peer-teaching recorded the highest mean ($M = 4.23$, $SD = 0.65$), placing it in the very high band (4.21–5.00). Faculty expertise and support ($M = 4.19$, $SD = 0.68$) and practicum quality ($M = 4.13$, $SD = 0.70$) sit at the upper end of High, with faculty support just below the very high threshold. English proficiency ($M = 3.84$, $SD = 0.68$) and teaching Competence ($M = 3.76$, $SD = 0.77$) are solidly high but comparatively lower than the faculty expertise and support. Variability is greatest for teaching competence (largest $SD = 0.77$), suggesting more heterogeneous preparedness across pedagogical skills, and lowest for peer-teaching (smallest $SD = 0.65$), indicating consistently positive experiences. Overall, respondents rated all curriculum components positively.

Table 6. Summary of Curriculum Quality Components ($n = 263$)

Component	M	SD	Interpretation
1. English Proficiency	3.84	0.68	High
2. Teaching Competence	3.76	0.77	High
3. Faculty Expertise & Support	4.19	0.68	High to Very High
4. Practicum Quality	4.13	0.70	High
5. Peer-Teaching	4.23	0.65	Very High

Personal Factors

Table 7. Summary of Personal Factors ($n = 263$)

Component	M	SD	Interpretation
1. Self-Efficacy	4.13	0.70	High
2. Outcome Expectations	4.13	0.68	High
3. Work Adaptation	4.11	0.75	High
4. Social Capital	3.96	0.74	High

Among the four personal factors in Table 7, self-efficacy and outcome expectations recorded the highest mean scores ($M = 4.13$, $SD = 0.70$ and $M = 4.13$, $SD = 0.68$, respectively), both positioned in the high range (3.41–4.20). These results indicate that respondents felt confident in their teaching capabilities and held positive expectations regarding future career outcomes. Work adaptation followed closely ($M = 4.11$, $SD = 0.75$), also within the high band. This suggests that most graduates perceived themselves as flexible and able to adjust effectively to new job demands and working environments. Social capital had the lowest mean among the four personal factors ($M = 3.96$, $SD = 0.74$), yet it remained in the high category. The slightly larger variability for social capital (largest $SD = 0.74$) implies differing levels of access to professional networks—some graduates enjoyed strong career connections, while others reported more limited ties. Overall, respondents rated all personal factors positively.

Subjective Employability Outcomes

Respondents' perceptions of their subjective employability outcomes were generally positive. The composite Subjective Employability Outcomes score was averaged ($M = 3.88$, $SD = 0.58$), indicating a high level of employability. This indicates that most participants felt they were employable and on track in their careers.

B. Correlation Analysis

Pearson correlation analyses were used to examine the relationships between each independent construct and the composite score for the subjective employability outcome.

Curriculum Factors and Employability Outcomes

All curriculum factors were positively related to each employability outcome, with effects ranging from small to medium. Practice-intensive components showed the strongest links: Peer-Teaching correlated most with job-search confidence ($r = .362$, $p < .001$) and perceived career success ($r = .302$, $p < .001$), while Practicum Quality correlated robustly with job-search confidence ($r = .303$, $p < .001$) and both career satisfaction and optimism ($r_s = .276$ and $.261$, $p_s < .001$). Teaching Competence related consistently to success ($r = .317$, $p < .001$) and optimism ($r = .250$, $p < .001$). English Proficiency showed its largest association with perceived career success ($r = .308$, $p < .001$). After Bonferroni adjustment ($\alpha_{adj} = .002$), most effects remained significant, except several smaller links (e.g., EP with income and satisfaction).

Table 8. Correlations Between Curriculum Factors and Employability Outcomes

Variable	Income expectations	Career satisfaction	Job-search confidence	Perceived career success	Career optimism
1. English Proficiency	.152*	.162**	.217**	.308**	.187**
2. Teaching Competence	.165**	.175**	.246**	.317**	.250**
3. Faculty Expertise & Support	.192**	.253**	.223**	.195**	.173**
4. Practicum Quality	.183**	.276**	.303**	.261**	.261**
5. Peer-Teaching Experience	.193**	.229**	.362**	.302**	.296**

* Correlation is significant at the 0.05 level (2-tailed)

** Correlation is significant at the 0.01 level (2-tailed)

Personal Factors and Employability Outcomes

According to Table 9, all personal factors were positively related to each employability outcome, with effect sizes ranging from small to medium-large. Work Adaptation showed the most consistent and strongest links—especially with perceived career success ($r = .513$, $p < .001$), career satisfaction ($r = .487$, $p < .001$), career optimism ($r = .453$, $p < .001$), and job-search confidence ($r = .482$, $p < .001$). Outcome Expectations was also robust, led by job-search confidence ($r = .498$, $p < .001$) and sizable relations with satisfaction ($r = .428$, $p < .001$), success ($r = .457$, $p < .001$), and optimism ($r = .451$, $p < .001$). Social capital was most salient for income expectations ($r = .340$, $p < .001$) and

remained substantial for success ($r = .436, p < .001$) and optimism ($r = .448, p < .001$). Self-Efficacy was positive but comparatively smaller across outcomes ($r_s \approx .25-.35$, all $p < .001$). After Bonferroni adjustment for 20 tests ($\alpha_{adj} = .0025$), all effects remained significant.

Table 9. Correlations Between Personal Factors and Employability Outcomes

Variable	Income expectations	Career satisfaction	Job-search confidence	Perceived career success	Career optimism
1. Self-Efficacy	.252**	.325**	.328**	.326**	.346**
2. Outcome Expectations	.251**	.428**	.498**	.457**	.451**
3. Work Adaptation	.304**	.487**	.482**	.513**	.453**
4. Social Capital	.340**	.330**	.376**	.436**	.448**

* Correlation is significant at the 0.05 level (2-tailed)

** Correlation is significant at the 0.01 level (2-tailed)

C. Regression Analysis

Hierarchical multiple regression was conducted to examine the extent to which TESOL curriculum quality and personal factors predict subjective employability outcomes. In Step 1, curriculum quality components explained 19.3% of the variance in employability outcomes ($R^2 = 0.193, p < .001$), indicating a statistically significant but modest effect.

When personal factors were added in Step 2, the explained variance increased substantially to 46.6% ($R^2 = 0.466$), with a significant change in explained variance ($\Delta R^2 = 0.273, p < .001$). This demonstrates that personal factors provide considerable additional explanatory power beyond curriculum quality alone.

Table 10. Hierarchical Regression Model in Predicting Employability Outcomes

Model	Predictors Included	R^2	ΔR^2	F	p
Step 1	Curriculum Quality Components	0.193	—	12.01	< .001
Step 2	Curriculum + Personal Factors	0.466	0.273	31.56	< .001

Table 11. Final Regression Model: Standardized Coefficients

Predictor	β	t	p
English Proficiency	.028	0.51	.612
Teaching Competence	-.108	-1.75	.081
Faculty Expertise & Support	.030	0.55	.586
Practicum Quality	.023	0.36	.718
Peer Teaching	.013	0.20	.840
Self-Efficacy	.012	0.18	.854
Outcome Expectations	.226	3.35	< .001
Work Adaptation	.345	5.40	< .001
Social Capital	.261	4.45	< .001

In the final model, work adaptation ($\beta = .345, p < .001$) emerged as the strongest predictor of subjective employability outcomes, followed by social capital ($\beta = .261, p < .001$) and outcome expectations ($\beta = .226, p < .001$). In contrast, neither curriculum quality components nor self-efficacy showed significant unique effects after controlling for personal factors.

Overall, the findings indicate that, when both sets of factors are considered, graduates' adaptability, professional networks, and future-oriented expectations are the primary drivers of subjective employability.

3.2. Discussion

The results suggest that Cambodian TESOL students and graduates generally perceive both their program experiences and their employability positively. All curriculum components were rated "high" to "very high," with peer-teaching ($M = 4.23$) and practicum quality ($M = 4.13$) among the strongest curriculum components, indicating a curriculum that is perceived as practice-rich and supportive of professional readiness. From a Human Capital perspective, this is consistent with the view that higher education builds market-relevant capabilities by developing skills and knowledge valued in the labor market [17], [18]. In employability research, this "capability building" is often framed as one of the foundations of graduate readiness, especially in professional disciplines such as teacher education [6], [7].

At the correlational level, all five curriculum factors were positively related to employability indicators, but the largest effects were concentrated in practice-based experiences, particularly for job-search confidence (e.g., peer-teaching $r = .362$; practicum $r = .303$). This pattern aligns with arguments for work-integrated learning (WIL) that authentic practice strengthens employability and that placement quality can matter more than mere participation [23]. It also aligns with teacher education literature, which emphasizes that well-designed field experiences help novices connect theory to practice and develop a more confident professional identity [7]. In short, the curriculum findings support the claim that "doing the work" (guided practice, feedback, repeated teaching opportunities) is especially salient for employability perceptions—more so than classroom-based learning alone.

However, the personal-resource findings were stronger and more consistent across outcomes. All personal factors correlated positively with each employability outcome, and work adaptation showed the most robust links (up to $r = .513$ with perceived career success), while outcome expectations and social capital were also substantial across several indicators. These results are highly compatible with Social Cognitive Career Theory (SCCT), which proposes that career development is shaped by individuals' self-beliefs and expectations about the consequences of career actions [26]–[28]. Similarly, the prominence of work adaptation resonates with career adaptability research that links adaptive resources to smoother transitions and stronger indicators of career success [29], [32]–[34]. The social capital effects also mirror classic employability and career success scholarship, emphasizing that networks provide access to job information, opportunities, and support [35]–[37].

Hierarchical regression clarifies the relative contributions of curriculum and personal resources. Curriculum quality explained a modest but significant share of variance in subjective employability ($R^2 = .193$), but the explained variance increased substantially once personal factors were added ($R^2 = .466$; $\Delta R^2 = .273$). In the final model, work adaptation ($\beta = .345$), social capital ($\beta = .261$), and outcome expectations ($\beta = .226$) remained significant, whereas the curriculum factors (and self-efficacy) did not show unique effects when all predictors were modeled together. This pattern is consistent with the broader argument that employability is not only a function of human capital, but also of psychological and social resources—an integrated view reflected in graduate capital theory [1] and “capital + individual attributes + context” explanations of employability [4]. One plausible interpretation is that curriculum quality may partly operate through personal resource development (e.g., strong practicum and peer-teaching experiences may build adaptability, career expectations, and networks). However, once these personal resources are accounted for, curriculum variables contribute less unique variance. This interpretation also aligns with employability frameworks that conceptualize employability as a psychosocial construct shaped by multiple interacting dimensions [15].

Finally, in a Cambodian context where graduate employability is influenced by both institutional preparation and broader labor-market conditions, these findings add local evidence to the international employability discussion. They support the view that universities must do more than deliver content—they must create conditions that strengthen students’ adaptive capacities and social ties, especially in developing higher education systems under pressure to align programs with labor market needs [8], [9]. Overall, the results support an integrated employability account: curriculum matters (particularly authentic teaching practice), but graduates’ adaptability, networks, and future-oriented expectations appear to be the more decisive drivers of employability perceptions when considered together.

4. CONCLUSION

This study concludes that Cambodian TESOL students and graduates generally view themselves as employable and perceive both their TESOL curriculum and personal resources as important contributors to that employability. Overall, curriculum experiences, especially authentic, practice-based learning such as practicum and peer-teaching, appear to strengthen graduates’ confidence and sense of readiness for work. However, when curriculum and personal resources are considered together, personal resources play the more decisive role in shaping employability perceptions. In particular, graduates who feel more adaptable to workplace demands, who hold positive expectations about their career future, and who have stronger professional networks tend to feel more confident about finding and sustaining employment. These findings support an integrated view of employability in which universities help build capability through the curriculum, but graduates’ adaptability, career outlook, and social connections ultimately determine how strongly they perceive themselves to be employable.

4.1 Recommendation

A. Policy Recommendations

Based on the findings, several policy-level actions could enhance graduate employability. Table 12 highlights actions to (i) improve the consistency and quality of practicum experiences by setting minimum standards for placements, mentor preparation, and feedback routines; (ii) institutionalize novice-teacher induction to support smoother school-to-work transition and reduce early-career difficulty; (iii) establish clearer recruitment and vacancy communication channels to make hiring processes more transparent and accessible; and (iv) promote network equity by expanding professional networking opportunities beyond informal connections. In addition, Table 12 emphasizes embedding employability support into quality assurance processes as an indicator of program effectiveness and providing targeted assistance for unemployed or low-network graduates to reduce inequality in career opportunities.

Table 12. Policy Recommendations

Policy area	Recommendation	Implementation Examples
1. School–university partnerships	Minimum practicum standards.	MoU; mentor training; checklist.
2. Novice teacher induction	First-year induction/mentoring.	Coaching; CPD; mentor assigned.
3. Employment pipeline	Clear recruitment channels.	Job board; campus hiring; criteria.
4. Network equity	Broaden professional networks.	Associations; CoPs; online groups.
5. Quality assurance	Employability as QA indicator.	Career services; employer input; alumni links.
6. Targeted support	Support unemployed/low-network grads.	CPD vouchers; job coaching; mentoring.

B. Practical Recommendations for Institutions and Stakeholders

Table 13. Practical Recommendations

Stakeholder	Actions	Simple checks
1. TESOL programs/departments	Improve practicum mentoring; run micro-teaching; teach job-search + demo lessons; build alums/job links.	Mentoring log; micro-teaching completed; portfolios; alumni participation.
2. Partner schools/employers	Mentor novices; set clear expectations; give regular feedback.	Induction plan; feedback records, and progress reviews.
3. Students/graduates	Build adaptability, grow networks, and prepare a hiring-ready portfolio.	Portfolio/evidence file; networking record; updated CV + demo plan.

Table 13 suggests what TESOL programs/departments can do to strengthen employability (e.g., improving practicum mentoring and feedback, running continuous micro-teaching cycles, embedding job-search and demo-lesson preparation, and building alums/job link systems). It also outlines what partner schools/employers can do to support graduates' early-career success (e.g., structured mentoring, clear performance expectations, and regular standards-based feedback). For students and graduates, the table focuses on concrete behaviors that strengthen employability (e.g., building adaptability through varied teaching tasks and reflection, strategically growing networks, and preparing a portfolio

aligned with hiring needs). Importantly, table 13 includes simple “checks” or outputs—such as mentoring logs, completed micro-teaching rounds, portfolios, induction plans, and feedback records—so stakeholders can monitor whether the recommendations are being carried out, not only stated.

C. Recommendations for Future Researchers

To further advance understanding of TESOL graduate employability, future studies should consider: (1) conducting longitudinal research (tracking students from pre-practicum through post-graduation) to examine how employability perceptions and actual outcomes evolve over time; (2) replicating this study across multiple institutions or countries to improve generalizability of the findings; (3) incorporating objective employment outcomes (e.g., actual employment status, time to first job, contract type, income level) to compare against subjective perceptions; (4) testing more complex models, such as whether personal factors mediate the relationship between curriculum experiences and employability (e.g., practicum quality → adaptability or social capital → employability), or whether these relationships differ by subgroups; and (5) using mixed methods (e.g., qualitative interviews with graduates, mentors, and employers) to explore the contextual reasons behind quantitative patterns, as well as refining the measurement of constructs like social capital and adaptability for greater validity.

4.2 Limitations

This study has several limitations. First, it used a cross-sectional, self-report survey design, so the findings indicate associations rather than cause-and-effect relationships, and responses may reflect participants’ perceptions at a single point in time. Second, the sample was drawn from a single university context and included mostly employed respondents, which may limit the generalizability of the results to other TESOL programs, public institutions, or graduates in different employment conditions. Third, because both predictors (curriculum and personal factors) and outcomes (subjective employability) were measured using the same questionnaire format, common-method bias and social desirability effects may have inflated some relationships. Finally, the study focused on subjective employability outcomes; therefore, the conclusions may not fully reflect objective labor-market outcomes such as time-to-employment, contract type, promotion, or verified income progression.

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